ʔAQAM

ʔAQ'AM NEWSLETTER

- Upcoming meetings
- Monthly calendar for ʔułumi, 2016
- Garage Sale
- Health News
- ʔaqamnik school news
- ʔaqam Community Enterprise/ ʔaqam Trading Co.
- Social Development
- Employment opportunities.
- Upcoming culture camp
- Reporting wildfires
- Birthdays/ Anniversaries
- And many more

NOTE:

The SPCA now has vouchers for pricing on the spay/neuter of your pets.

Please call the SPCA at

250–426-6751

The hours are 1– 4pm

Tuesday - Saturday

Please ask for

Brenna or Judy.

ʔułumi
(May 2016)

Chief & Council Meeting
ʔułumi 17th, 2016 4:30 pm

Band Meeting 5:00 pm
ʔułumi 16th , 2016

Ktunaxa Language Lessons 12:00 - 1:30pm
Every Wednesday ʔaqam Boardroom

Directors Meetings 10:00 - 12:00 pm
ʔułumi 2nd & 16th, 2016

Reminder that all School Zones are "30" km an hour and that our future leaders of the Nation attend the Daycare and School. Watch your speed!

ʔuɬumi, 2016

May

kukiɕinmiyit	Kłaʔ ukinmiyit	Kłaʔ aymiyit	Kła qałsanmiyit	Kła xaɕanmiyit	Kła yi·kunmiyit	Kłaʔ inmisan-miyit
1 Bins will be delivered to both ends of the reserve	2 Directors Mtg 10 am Lunch & Learn 12 - 1 Bandhall	3 Mental Wellness 5 - 8 Member services	4 Language lessons 12 - 1:30 ʔaqam Boardroom Elders active living 2 - 3 Regalia Making 5 pm member services	5	6	7
8	9 2016 Census Band hall 8:30 - 4:30 Social lunch 12 - 1 member services	10 ʔaq̓am Community enterprise AGA 11 - 1 Boardroom 2016 Census Band hall 12:30 - 8:30	11 Language lessons 12 - 1:30 ʔaqam Boardroom Elders active living 2 - 3 member services Daycare Parent mtg 5 pm	12 Ka kniɬwitiyała celebration 4 - 7 arbour	13 Language & knowledge holders mtg 10 - 3 Boardroom Family Swim 6– 8	14
15	16 Directors Mtg 10 am BAND MEETING 5 PM.	17 Chief & Council 4:30 pm	18 Language lessons 12 - 1:30 ʔaqam Boardroom Regalia Making 5 pm member services	19	20 Elder's Day Trip Bins will be removed from both ends of the Reserve.	21
22	23 Directors Mtg 10 am	24	25 Language lessons 12 - 1:30 ʔaqam Boardroom Elders active living 2 - 3 member Services	26 Team language lesson 9 am Member services	27	28
29	30	31 Staff Mtg 1:30 - 2:15				

ATTENTION: Band Members, Community Members

Saturday April 30 2016 at

9:00am-5:00pm

&

Sunday May 1 2016 at

9:00am- 5:00pm

Band hall

ALL ARE INVITED TO PARTICIPATE

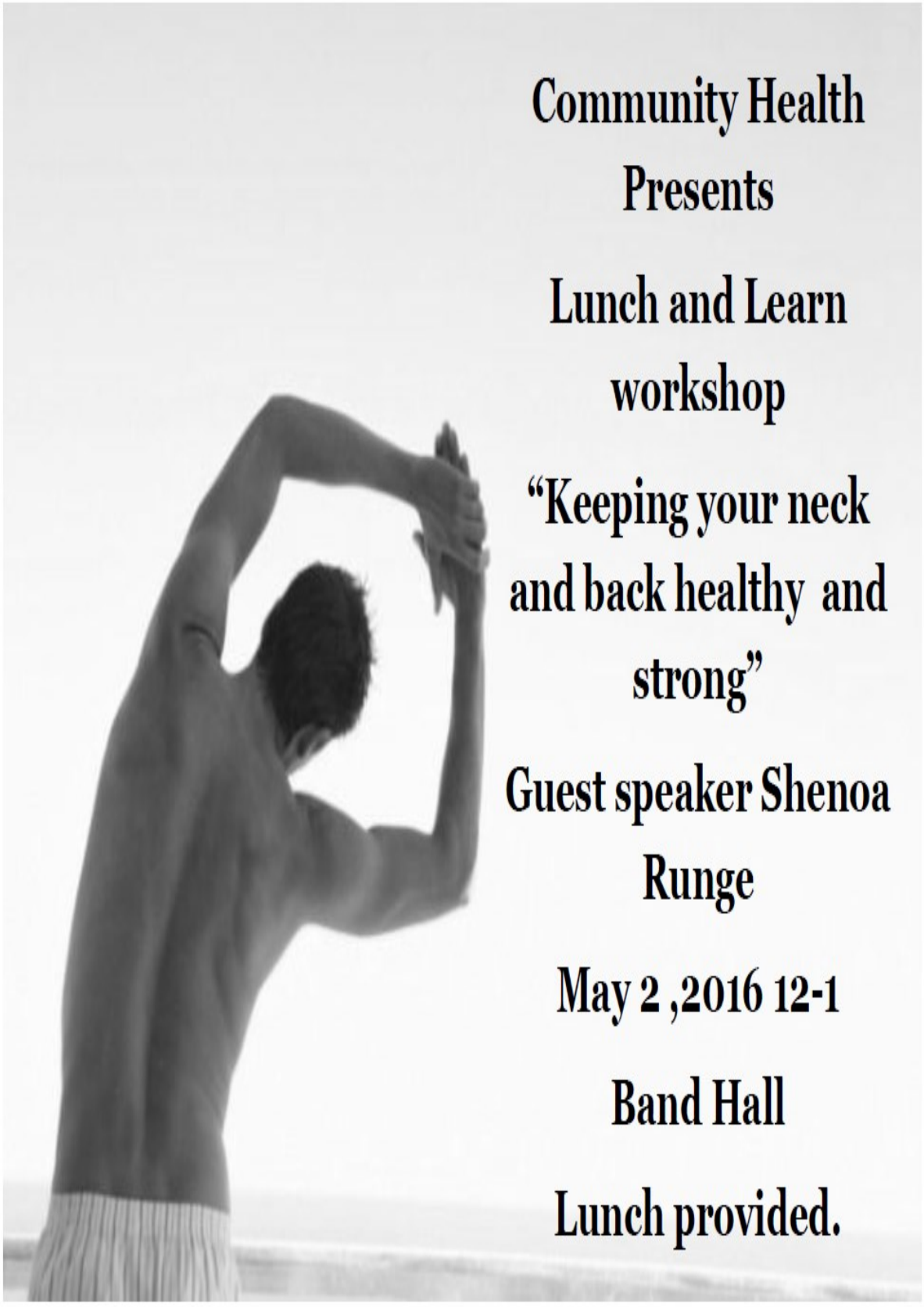
Now is a great time to clean out the closets, garage, and attics

Tables available on a first come bases.

Any questions you may have can be forwarded to Melissa Teneese either by email, text or in person

melissateneese@hotmail.com

250-421-8949


Community Health
Presents
Lunch and Learn
workshop
“Keeping your neck
and back healthy and
strong”
Guest speaker Shenoa
Runge
May 2 ,2016 12-1
Band Hall
Lunch provided.

News from ʔaq̓amnik̓ School

The ʔadrumniks are excited to go to the Youth Pow Wow in Creston in May. The drumming has started up again. Alfred Joseph and the students are redoing the hide on the drum. We look forward to another entertaining year.

Ms. Juanita and Ms.Tuson want to thank the families for coming out to watch the grade 1/2 class sing in the Performing Arts Festival on April 13; also to the families cheering them on from home. They sang songs in Ktunaxa and English and did a wonderful job. We are very proud of them.

The children are still going to gymnastics on Wednesdays. It is a great way to expend some of that energy they have.

Two of our teachers were awarded by FNSA for being leaders in their Professional Learning Community Groups; received by Ms. Bell and Mr. Lunan.

The weather is beautiful and summer will be her before you know it. Enjoy and be safe.

ʔAq·am Health News

Kiʔsuʔk kyukyit

Upcoming events for ʔAq·am Health

- Wednesdays Elders Active living Group 2-3pm
- May 2,2016 Lunch and Learn "back and neck health" 12-1pm in band hall
- Mental Wellness May 3,2016 5pm "Alcohol and Drug Abuse- a community disease"
- May 9, 2016 Social lunch at member services. 12-1pm
- May 20,2016 Elders Day trip

With the warm weather up on us please be aware of ticks when walking

What are ticks?

Ticks are tiny bugs, about the size of a sesame seed, which feed on blood. Different ticks prefer feeding from different types of animals. Sometimes, a tick will bite a person instead of biting an animal. While most tick bites do not result in disease, some do.

Ticks live in tall grass and wooded areas. They are easiest to spot on a person when they are actually sucking blood. Ticks burrow part way into the skin, bite, draw blood, and then drop off. The feeding tick's mouth will be under the skin, but the back parts will be sticking out.

Are you a local artist or other aspiring business owner with questions about pricing structure and marketing?

JOIN US!

For a free information session covering:

**The Fundamentals of Pricing*
**Basic Pricing Strategies*
&
**How Pricing Can Impact Your Business*

Presented by:

KOOTENAY ABORIGINAL BUSINESS DEVELOPMENT AGENCY

AQ'AM ADMINISTRATION BUILDING
7470 MISSION RD, CRANBROOK BC

MAY 19TH
5:00-7:00 PM

Snacks & Refreshments Provided

FOR MORE INFORMATION CONTACT:
JANICE ALPINE: 250-420-2762
OR
JUSTIN PATERSON 250-420-2761

ʔAQ'AM COMMUNITY ENTERPRISES

2016 Aq'am Community Enterprises Ltd.

Annual General Meeting

11:00AM-12:00PM Introductions, and Presentations

12:00-1:00 Lunch and Refreshments, Discussion and Q&A

Tuesday, May 10, 2016 11:00AM-1:00PM

ʔaq̓am Administration Office Boardroom

ʔAQ'AM TRADING

CONVENIENCE STORE

There's something good in store for you!

Open**: 7 Days a Week** 8:30AM-7:30PM

Contact us at: 250-420-2766

Consignment options available, contact us now!

LIKE US ON facebook

Cold Beverages *Local Hand-Made Gifts *Snacks *Groceries and so much more!

ʔAQ'AM

Social Development Program

ʔAq'am Youth Group

Official Call Out—Community Youth Engagement

"It takes a community to raise a child."

In order to celebrate the diversity in our community we are looking for interested ʔAq'am community members who want to support the ʔAq'am Youth Group as contracted *Community Youth Workers*. Some details that we are requesting are:

- Outline specific activities that you would want to do with youth (i.e. cultural, recreational, life skills, social, etc.)
- Outline specific times available, preferably week days (i.e. Thursdays at 4:00 pm start)
- Valid driver's license & insured reliable vehicle (if driving youth)
- Copy of Criminal Record Check (not mandatory, will only be used to determine if you are able to supervise youth on own)

Interest Deadline—Friday, April 29, 2016

Please submit your letter of interest outlining why you want to be a *Community Youth Worker* including the above mentioned details to Johanne Allard via email: jallard@aqam.net or via hand in: sealed envelope to the administration building.

The *Community Youth Workers* will report to Johanne Allard and be responsible for planning and delivering of their specific youth activity. A monthly calendar will be available scheduling our community members in order to provide a holistic approach to our youth programming.

SOCIAL DEVELOPMENT MAY 2016

Regalia Making
When: April 27th & May 4th from 5-8 pm
Where: Member Services Building
Bring your projects or come pick out new material to work on. Share ideas, knowledge and stories.
Dinner is provided.

ʔAq'am Youth Group
The youth have been busy in April learning about Ktunaxa ʔAmakis . On April 14th they completed restoration work on Long Prairie and planted 70 grass plugs. On Apr 21st they participated in Earth Day (early) by doing road side cleaning.

Family Swim
When: May 13th from 6-8 pm
Where: Western Financial Place
Please let the front desk lady know you are with ʔAq'am Band Administration. Children under 16 years of age have to swim with a responsible adult.

Johanne is on holidays from May 19th to 25th. Please leave a voicemail or email her and she will return your messages upon return on May 26th.

?AQ'AM

INTERNAL EMPLOYMENT OPPORTUNITY

?AQ'AM COMMUNITY GARDEN LEAD
Full Time, Seasonal – May to October

The Community Garden Lead will be responsible for but not limited to;

- Planning
- Budget management
- Seeding, weeding, maintaining and harvesting the plants within the garden space
- Hosting and promoting community gathering events
- Ongoing and regular communication with the community and within the garden space
- Promoting the garden to the community
- Resourcefulness
- Working independently as well as with community members, daycare staff, children and staff and students from the school

Qualifications and Attributes;

- Grade 12 or equivalent preferred
- A passion and knowledge of plants, soil and gardening
- A passion for connecting the community
- A love for working outdoors and positive energy to help promote this project
- Strong communication skills
- Physically fit and have the ability to lift up to 50 lbs
- Highly motivated, organized and able to prioritize work tasks
- High degree of professionalism when interacting with community, media, students and staff
- Ability to work independently with minimal supervision
- Valid First Aid Certificate preferred
- WHMIS Certification preferred
- Valid Class 5 Driver's License and reliable transportation preferred
- Must be willing to undergo Criminal Records Check

REMUNERATION: Salary to commensurate with experience and qualifications.

Please submit your cover letter and resume marked "confidential" to:
Chris McCurry, Director, Community & Economic Development - ?Aq'am
7470 Mission Road, Cranbrook BC
Email: cmccurry@Aqam.net Fax: 250-426-8935

Closing Date: Friday, April 29th 2016, 4:30 pm MST
Thank you to all applicants however, only those selected for an interview will be contacted

?AQ'AM

Full-time Early Childhood Educator with Infant/Toddler Certification, ʔaq̓amnik̓ Daycare Centre

At ʔaq̓am we are dedicated to working toward our community Vision, collaborating to provide quality programs and services to ʔaq̓amnik̓ (the people). By infusing our Ktunaxa language and culture into the programming at our ʔaq̓amnik̓ Daycare Centre we are laying the foundation to strong and healthy Ktunaxa citizens for the next generation. Our employees enjoy exposure to Ktunaxa culture and language, a casual work environment, $17.50/hour in pay, excellent benefits and pension plan and a diverse, dedicated and enthusiastic team.

In collaboration with the Daycare Manager, the Early Childhood Educator with I/T certification will assist the Daycare Centre to do its part in preparing our infants and toddlers of today to become our next generation of Ktunaxa professionals, trades people, parents, chiefs, councillors, artisans and …..

Key responsibilities will include:

- Provide quality childcare as well as plan and carry out developmentally and age appropriate educational activities to engage children aged 1-2 years in learning;
- Help children complete daily tasks and routines to gain independence and provide constant feedback and communication to build self-esteem;
- Function as a member of our cohesive, positive, flexible and exuberant team, which includes staff, management, parents and community members.

Successful candidates will have:

- Early Childhood Education with Infant/Toddler Certification (notarized copy) and licence to practice;
- Doctor's medical clearance letter;
- Up to date immunization record;
- Completion of and possession of valid CPR and First Aid Certificate;
- Vulnerable Sector Check and Criminal Record Check;
- Knowledge of the Ktunaxa language and culture or a willingness to learn is imperative; and
- Valid Class 5 BC driver's licence

Preference will be given to candidates who also have:

- Previous experience in a similar capacity, supervising and working with infants and toddlers experience developing learning activities would be an asset
- Previous experience working in a First Nation community
- Food Safe certificate.

Applicants should submit cover letter, resume (including 3 work related references) and copy of ECE with I/T certification and licence to:

Jodi Gravelle,
Chief Operating Officer
ʔaq̓am
7470 Mission Road, Cranbrook, BC, V1C 7E5
Fax: (250) 426-8935
Email: jgravelle@aqam.net

While we sincerely appreciate all applications, only those candidates selected for an interview will be contacted.

ʔaq̓am Community Culture Camp

AUGUST 5TH, 6TH & 7TH.

SAVE THE DATE

Proposed camp site - Summer Lake

What traditional/cultural skills would you like to share?

What skills do you have to share?
What would a member of your family like to share?
What would you like to learn?

Please talk to your family then
Contact Leeanna Rhodes, Lands Officer
250-426-5717 ext. 3533 or email LRhodes@aqam.net or
Michele Sam ext. 3588 email masam@aqam.net

IDEAS ARE DUE WEDNESDAY, MAY 18TH, 2016

Reporting Wildfires

In early April, there were two wildfires reported on ʔaq̓am lands that required support from the BC Wildfire Service. As we approach the warmer and drier weather of summer, the risk of wildfires is greater.

How to Report a Wildfire

If you see a wildfire (whether on reserve land or not), please report it to the BC Wildfire Service at 1-800-663-5555 or call *5555 toll free on most cellular networks.

Alternately, you can report a wildfire to **9-1-1**.

What You'll Be Asked

When reporting a wildfire, a B.C. Wildfire Service operator will ask you:

- Your phone number
- The location of the fire
- What the fire is burning (Trees? Grass? Etc.)
- The size of the fire
- How quickly the fire is spreading
- The colour of the smoke
- Whether there are values or lives at risk

The details that you provide are critical in determining the type of response that the fire will receive from fire suppression authorities.

Ki?suk kyukit ?akinmititnis
?uɬumi

May, 2016

5th Frankie Alexander. 24th Harvey Thomas.
18th Morgana Eugene. 23rd Leslie Joseph.

THRESHOLD

A Survey of Works by Kwantlen Nation Artist

BRANDON GABRIEL

IN THE GALLERY
APRIL 26. - MAY 21.

EXHIBITION OPENING RECEPTION
APRIL 30. | 2 - 4 PM

Kimberley Arts at Centre 64

64 Deer Park AVE | 250-427-4919
kimberleyarts.com
- Gallery Hours: Tuesday to Saturday | - 5 P.M. -

2016 CENSUS

Upon request from Council, Statistics Canada will be conducting a "group enumeration" at the Band Hall in May. There will be 2 dates for your convenience.

Monday May 9 @ 8:30am-4:30pm

Tuesday May 10 @ 12:30pm-8:30pm

Please sign up at the Paq̓am Administration Building Reception Desk @ 7470 Mission Road or by phoning Andrea Alexander @ 250-426-5717 before May 9th for the date and time slot of your choice.

Your Enumerators are: Melissa Teneese, Patricia Gilhuly, Greg Chin, Tisha Tardif, and Samantha Sam. They will go through each questionnaire with each family individually.

Please note: If you can't make the above dates, a community member will be continuing with door-to-door enumeration beginning May 16th.

Your cooperation in this matter is greatly appreciated.

REMINDERS:

Language Speakers and Knowledge Holders Advisory Group
Next meetings MAY 13th, 2016 and June 17th, 2016
10-3pm Band Office Main Board Room LUNCH is provided.

This is an opportunity for ʔaq̓amnik̓ from each family group, whose lived experiences continue to add Ktunaxa and ʔaq̓amnik̓ cultural depth and understandings, to meet. This larger group meets monthly to support staff and band members through dialogue and process based meetings during which they share knowledge and providing guidance broadly as a collective of ʔaq̓amnik̓ language and cultural knowledge holders.

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ka knił witiyała Community Celebration

The Annual Community Celebration will be held on May 12th, 2016 beginning at 4:00pm.

kiʔtik ka·kin and their mentors are respectfully requested to meet at the arbour at 3:30pm at the latest.

Dinner will be provided. Door prizes will be handed out.

Extra door prize tickets will be offered to those who use their own dishes—dish washing station will be provided.

And finally all volunteers are welcome and encouraged to get in touch with Leslie Joseph, Sancira William Jimmy, Sonya Morigeau or Michele Sam.

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ka knił witiyała review and update

All 12 tipi pole meetings have been held over the past fiscal year. Each meeting focused upon the following two questions

- The current relationship of Lands and Resources to each tipi pole;
- The current relationship of each tipi pole from its' perspective to Lands and Resources;

In addition to reviewing tipi pole Goals and Objectives, participants offered ideas for possible activities to meet objectives, over the next 5 years.

At the moment, Michele is compiling all the information we gathered through ka knił witiyała in order to update tipi pole plans for each tipi pole and related department. A first draft is then sent to the respective staff members for review.

Leslie and Sancira are continuing to support the work of Governance, and have shifted their focus to organizing the Community Celebration May 12th, 2016.

mas

ʔAQ'AM

You are invited to
ʔaq̓am 7th Annual
ka knił̓witiyaɬa
Celebration

Thursday, May 12th, 2016
4:00 p.m. to 7:00 p.m.
ʔAQ'AM Arbour

Community Celebration Line up

Honour Song and Prayer
Passing of the Pole
Raising of the Tipi
K̓iʔtik ka·kin Presentations
Door Prizes throughout the event
Dinner and Cleanup, Please bring your own plates, cups and utensils.

You will receive an extra door prize ticket for bringing your own dishes and utensils. For more information contact Leslie Joseph, Sancira, Williams - Jimmy, Sonya Morigeau or Michele Sam at the band office 250.426.5717.

ʔAQ̓AM

ʔaq̓am is seeking a caterer for the

7th Annual k̓iʔtik ka·kin

Community Celebration on May 12, 2016!

Must have Food Safe Certificate

Caterer quote:

- Provide Dinner for minimum 150 people
- Include all utensils, plates/bowls, food & desserts
- What's on the Menu?

Keep in mind people have different food needs—gluten allergies/sensitivities, veggie lovers and dairy free options.

Please send your catering requests to Leslie Joseph by email: leslie.joseph64@gmail.com, drop off in person at ʔaq̓am or fax: 250-426-8935 by the end of the day - **APRIL 29, 2016**!!!

Community Garbage Bins

The community garbage bins will be in the community May 1-20, 2016

What are the Bins are for?

The intention of the bins is for the community to use them for general household and yard cleanup.

ABSOLUTELY

- **NO APPLIANCES;**
- **NO TIRES;**
- **NO CHEMICALS OR PAINT;**
- **NO ANIMAL CARCASSES;**
- **NO MATTERASSES.**

Where can I take items that are not allowed in the bins?

Tires
You can take 4 tires at a time (off rim) to the following locations FREE OF CHARGE:

- Canadian Tire Cranbrook
- Dixon's Service Centre
- Kal Tire
- Mister Tire
- Integra Tire
- Cranbrook Dodge

Cranbrook Reuse
There is also a Reuse Centre at the Cranbrook Transfer Station, which accepts household items in good working condition. It's free to drop items off, and free to pick items up at the Reuse Centre. Some examples of things that can be taken to the Reuse Centre include:

- Chairs
- Furniture
- Books/Toys

- Light fixtures
- Pictures
- Small dishes

Items that CANNOT be accepted in the Reuse Centre include: large appliances, scrap metal, wood, clothing, automotive parts and mattresses.

Tv's

Televisions should be taken to the Cranbrook Bottle Depot for recycling.

EPR Recycling Programs in the East Kootenay
(items can be dropped off at designated depots free of charge)

Product Type	Program Link	Depot	Examples of Accepted Products
Antifreeze	Used Oil Management Association	Depots in many municipalities	Antifreeze
Appliances (Small)	ReGeneration (on behalf of ElectroRecycle)	Cranbrook Bottle Depot	Any household appliance with a cord or battery (toaster, microwave, scale, vacuum cleaner, blender, coffee maker, hair dryer, etc)
Batteries	Call2Recycle	Cranbrook Bottle Depot	Alkaline and Rechargeable
Lighting Fixtures	LightRecycle	Cranbrook Bottle Depot & Fernie Bottle Depot	Bike Lights, Floor lamps, Security lights, Ceiling Fixtures, Light Strings (e.g. xmas lights), Table/Desk Lamps, Chandeliers, Outdoor fixtures, Wall fixtures, Flashlights, Recessed/pot lights, Work lights
Lightbulbs	LightRecycle	Cranbrook Bottle Depot Kimberley, Fernie, Invermere	Fluorescent tubes, Incandescent bulbs, halogen bulbs, Compact fluorescent lights (CFLs), LEDs, Ultra High Performance lamps (replacement projector lamps), High-intensity discharge lamps (HIDs), UV and germicidal lamps,

Medications	Health Steward Canada	All municipalities Local Pharmacies	All prescription drugs, medications such as over-the-counter medications, including topical antibiotic and antifungal creams and natural health products that are orally ingested, such as vitamins and minerals,
Outdoor Power Equipment	ReGeneration (on behalf of Outdoor Power Equipment Institute of Canada)	Columbia Recycle (Marysville)	Chain saws, garden sprayers, lawn mowers, pressure washers, mulchers and wood chippers
Paint	ReGeneration	Cranbrook Bottle Depot Kimberley, Fernie, Invermere (2)	Paint, aerosol paint
Pesticides,Flammable Liquids	ReGeneration	Cranbrook Bottle Depot	Herbicides, pesticides, old gasoline
Power Tools	ReGeneration	Cranbrook Bottle Depot, Fernie Bottle Depot	Drills, saws, grinders, levels, sanders
Smoke Detectors/CO2 Alarms	ReGeneration (on behalf of AlarmCycle)	Cranbrook & Kimberley Cranbrook Bottle Depot	Smoke detectors, carbon monoxide
Tires	Tire Stewardship BC	Depots in many municipalities	Depots accept 4 off-rim tires at a time

Please do your part in ensuring that we are being responsible stewards of the environment.

ʔAQ'AM

Request for Interest-Home Renovation Program

We are looking to put together a Housing Renovation Application to INAC for the renovation of 10 units within the community. If you are interested please return this form by May 15, 2016 to Candice Hall, Operations Coordinator.

Eligibility:

The following criteria must be met for a project to be eligible for renovation subsidies:

- the home is at least ten (10) years old;
- the home has not received INAC housing subsidies (new home or renovation) within the last ten (10) years ;
- renovations must extend the structural and/or mechanical life expectancy of the home by at least fifteen (15) years;
- work must meet or exceed BC Building Code standards;
- Not a CMHC Social Housing Unit
- You must be willing to provide access to your home for the purposes of a building inspections, quotes etc.

AANDC housing subsidies are intended for dwellings on First Nation controlled land, and can only be applied to *permanent homes* that are or will be affixed to permanent foundations that meet or exceed building code regulations. A permanent home is defined as a habitable dwelling fixed to a foundation as prescribed by the BC Building Code, which can be found at: www.bccodes.ca/bccode_building.htm

Name: _____

Address: _____

Contact Telephone Number: _____

Do you hold the CP for the lot? _____

If so what is the lot Number? _____

What year was your house built? _____

What are your specific concerns? _____

_____

_____

_____

_____

_____

Are your concerns healths or safety related? _____

_____

_____

_____

Submissions

ʔaq̓am
Communications

- **If you would like to be added to our mailing list please contact, the St. Mary's Band Office.**
- **If you would like to have a submission added to the newsletter please have your submission in no later than 4:30 pm on the third Wednesday of the month.**
- **<u>Email or electronic submissions are required.</u> They can be sent to the Receptionist at aalexander@aqam.net**
- **Please visit our website where all our newsletters are posted. www.aqam.net**

St. Mary's Band
Administration
250-426-5717
7470 Mission Road
Cranbrook, BC,
V1C 7E5

A friendly reminder to please watch out for wild game around this time, the new babies are like children wanting to explore. Also remember to make sure your garbage bins are always locked so it won't attract bears or rodents!